

# FORGING THE FUTURE:



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<http://www-nehc.med.navy.mil/hp/ff/hpfrifax.htm>

## Friday FACTS

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12 September 2003

"Leadership, Partnership, and Championship"

### Year 2003 NEHC Award for Command Excellence in Health Promotion

The phone calls and inquiries have been coming in from commands that are diligently working on their award submissions for the NEHC Year 2003 Award for Command Excellence in Health Promotion. Remember, all submissions must be postmarked by the 14 November 2003 deadline.

One question that has been raised by several individuals regarding the awards is the three (3) ADDITIONAL BONUS POINTS that were included at the end of the criteria for any commands submitting posters at the DoD Population Health & Health Promotion Conference. That conference was cancelled; and earning those points was not possible. Therefore, the Minimum Total Points for each level of award will be adjusted as follows:

TYPE OF COMMAND	TOTAL POINTS POSSIBLE	Gold	Silver	Bronze
FLEET	82	72 and Above	71-62	61-47
SHORE-BASED	82	72 and Above	71-62	61-47
RESERVE	82	72 and Above	71-62	61-47
MEDICAL/DENTAL TREATMENT FACILITY (MTF/DTF)	97	87 and Above	86-77	76-62

Questions regarding the NEHC Year 2003 Award for Command Excellence in Health Promotion should be directed to [HP-Training@nehc.mar.med.navy.mil](mailto:HP-Training@nehc.mar.med.navy.mil)

### National Depression Screening Day

October 9th, is the scheduled date for the annual National Depression Screening Day! This outreach event focuses upon educating about depression and related disorders, screening for depression, and referring those in need for treatment. Screening for Mental Health is the organization coordinating the national event. To register and/or to locate participating agencies, visit the NDSD website <http://www.mentalhealthscreening.org/> Please notify Mark Long if you are participating or partnering with other civilian and military organizations for the National Depression Screening Day! [longm@nehc.med.navy.mil](mailto:longm@nehc.med.navy.mil)



International  
Yellow Ribbon  
Suicide Awareness and Prevention Week  
September 21-27, 2003

*Be a part of eliminating  
Suicide!!*

Write to your Congressman, Senator, Governor, Mayor, County Commissioners, and ask them to

join the fight to save lives. Ask them to give a proclamation declaring the 3rd full week of September annually, as International Yellow Ribbon Suicide Awareness and Prevention Week. Have them send us confirmation of their declaration, when signed, showing their public recognition of the problem and it's solution. We will list all proclamations! Contact everyone you know to send a letter, fax, e-mail, or call to every official in their town, state, or the national capitol. (*Numerous letters to each person will let them know of the depth of this problem, no matter whether member of Congress, White House, Armed Forces, or your favorite actor or actress.*) Send completed proclamations to: Yellow Ribbon Suicide Prevention Program®  
Light For Life Foundation International  
PO Box 644, Westminster, CO 80036-0644  
Please let us know how things are going in your area: [ask4help@yellowribbon.org](mailto:ask4help@yellowribbon.org)



On  
behalf  
of  
National

Food Safety Month, Tyson Foods Inc. have introduced new food safety-focused materials that can be ordered to distribute at Health Fairs or other Health Promotion events. From a consumer brochure to meat thermometer giveaways to posters, these resources will help promote safe food handling practices. The FoodWise™ food information resource program can be ordered at <http://www.tysonfoodsinc.com/foodservice/>

"Everything should be made as simple as possible, but not simpler." - Albert Einstein